

Autumn Term Sports Report 2019 – Burton Salmon

	Autumn 1	Autumn 2
Class 1	Multi-skills	Multi-skills
Class 2	Multi-skills	Hockey

Aims:

- To raise standards and achievements in all areas of PE, improving outcomes for all pupils.
- To look at promoting physical exercise across school as part of a healthy lifestyle.
- To increase participation across the school in both competitive and non-competitive sports.

Lesson Evaluations:

Class 1 – have continued to develop their fundamental multi-skills, primarily looking at balance agility and co-ordination. Staff have observed pupils and made assessments as to individual's abilities and next steps agreed to further develop these.

Class 2 – Multi-skills sessions similar to those carried out in Class 1. Also, Quicksticks hockey has been taught, looking at the basics of how to hold a stick safely, looking for space and passing the ball skills whilst stationary and on the move and teamwork. Weaknesses within passing were identified and developed upon, with next steps for a small game highlighted. All pupils made some improvement. Several pupils shone out as completing all the above tasks and taking the game to another level. Some had to be reminded of the high stick usage and safety aspect and a handful needed more practise on playing as member of a team. All in all, each pupil improved over the weeks.

After-schools clubs:

Burton Salmon only had 4 takers for the after-school sports club, so the decision was made to incorporate them into the Healthy Schools/Cookery Club. This worked well, with healthy food being made and then short fitness activities carried out e.g. Go noodle, Activate, and 7-minute workouts.

CPD:

Staff attended the cluster events to enhance their knowledge and understanding of an off-site sporting event.

Cluster Events:

4th November 2019 – **Indoor Athletics** – Years 5/6 attended Holy Family Catholic High School – the pupils participated in track and field events, receiving points for their efforts, and worked as a team. Burton Salmon's Year 6 girls and Year 5 boys joined the Chapel Haddlesey and Barlow Federation teams.

Spring Term Sports Report 2020 – Burton Salmon

	Spring 1	Spring 2
Class 1	All – Ball skills	All – Ball skills
Class 2	Netball	Rugby
Class 3	Netball	Rugby
Classes 2/3	Years 2-6 had a block of 8 weeks swimming	Years 2-6 had a block of 8 weeks swimming

Aims:

- To build up to and stay active for sustained periods of time.
- To develop a keen interest in PE and a willingness to participate in every lesson.
- To swim at least 25 metres before the end of the 8-week swimming block.

Lesson Evaluations:

Class 1 – have continued to develop their fundamental skills primarily looking at ball skills – rolling, throwing, catching and passing. They used various sized balls, building individual’s confidence so as not to be afraid of the ball. Staff have observed pupils and made assessments as to individual’s abilities and next steps agreed. The plan is to continue with this skill into Spring 2, to develop pupils’ awareness of the ball, its power, speed and control.

Classes 2 and 3 – followed the Hi5 Netball programme, looking at passing the ball, footwork and positions on a netball court. Pupils worked hard in the lessons in every activity. Next steps are to help those still unsure of the ball, by working with them in small groups building their confidence and helping with their passing. Class 3 played more matches, focusing on a couple of rules – footwork, passing within 3 seconds and positioning. All pupils improved.

Rugby – York City Knights come to the school and coached the pupils in the basics of Tag rugby. This included activities and small games of dodging, passing the ball backwards, and 3 is the magic number. Sessions were fun, enjoyable, activity. They recapped the previous weeks activities and had a plenary at the end of each lesson.

Swimming lessons – 8 weekly sessions at Selby Leisure centre. The first session was an observation session to place the children in their working groups – deep end, shallow end of big pool or learner pool. Over the course of the weeks some children moved up groups, with all pupils completing a swimming level and some pupils practised lifesaving skills. The Year 6 statistics are being evaluated for the PE funding report.

After-schools clubs:

Healthy Schools/Cookery Club continued. There was 4 weeks of Rugby Club hosted by York City Knights and this was extended to Year 2 as they had shown an interest taking the total to 9 pupils.

The Federation Schools were involved with helping students at Selby College. This was over a 4-week period, involving Years 3-6 children. The College students required primary school pupils to coach for their coaching awards for their degrees. There were several activities organised which were inclusive to all the children who were participating, and some activities were adapted to pupils' individual needs. Staff who attended reported back on a very educational and enjoyable morning. This link will hopefully continue in the future.

Mrs.Hunt has been in to work with staff; passing on her knowledge and sharing some great ideas with the pupils. She has also coached Key Stage 2 in Hi5 Netball for a tournament, pointing out that there were some natural netball players amongst them!

Sports Relief:

Across the Federation the schools supported this event. A mile was walked around the playground as a school. In House teams, netball activities were undertaken, everyone tried Boccia and The official Gulf Coast Commonwealth Games 2018 dance was boogied. Everyone including staff participated, with older pupils helping the younger ones. A lovely atmosphere was noted, and a family community seen.

CPD:

Staff attended the cluster events to enhance their knowledge and understanding of an off-site sporting event.

Cluster Events:

Due to the Coronavirus outbreak and school closures, all the planned sporting cluster events have been postponed until further notice.