







# The White Rose Federation Summer/Autumn Term Menu 2024 **Week 3**

– w/c 22<sup>nd</sup> Apr, 13<sup>th</sup> May, 10<sup>th</sup> Jun, 1<sup>st</sup> Jul, 16<sup>th</sup> Sept and 7<sup>th</sup> Oct

Child's Name					
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Dish</b>	 Margherita Pizza with potato wedges	Chicken Korma with 50/50 rice	Sausages with Yorkshire pudding, creamed potatoes, and gravy	Spaghetti Bolognese with potato wedges	Fish fingers and chips
<b>Vegetarian Option</b>		Vegetable Korma with 50/50 rice	 Quorn Sausage with Yorkshire pudding, creamed potatoes, and gravy	Vegetarian Bolognese with potato wedges	 Quorn nuggets and chips
<b>Jacket Potato</b>	Jacket potato with beans, cheese, or tuna (please circle)	 Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)
<b>Panini Option</b>	Cheese panini	Tuna panini	Tuna panini	Cheese panini	Cheese panini
<b>Accompaniments</b>	Seasonal vegetables or salad bar and bread served daily to accompany every meal chosen				
<b>Dessert OR</b>	Chocolate and orange muffin	Raspberry bun	Jelly and fruit	Banana and custard	Ice-cream and fruit
<b>Fresh Fruit or Yoghurt</b>	Fresh fruit/yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt	 Fresh fruit/yoghurt	 Fresh fruit/yoghurt
<b>Any dietary requirements</b>					

Please tick if you would like a paper copy of your completed menu sending home

Try something **NEW** today...  
Variety is key to a healthy diet.

# MENU



**KEY**



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)