

The White Rose Federation Summer/Autumn Term Menu 2024 **Week 2**
 – w/c 15th Apr, 6th May, 3rd & 24th Jun, 15th Jul, 9th & 30th Sept and 21st Oct

Child's Name	Monday		Tuesday		Wednesday		Thursday		Friday	
Main Dish	MEAT FREE Vegetarian Hot Dog with potato bites		Meatballs in pasta with a tomato sauce		Roast Chicken with Yorkshire pudding, roast potatoes, and gravy		Ham Pizza with seasoned potato wedges		Fish of the Day and chips	
Vegetarian Option					PB Quorn Fillet with Yorkshire pudding, roast potatoes, and gravy		Cheese Pizza with seasoned potato wedges		PB Vegetable Burger and chips	
Jacket Potato	Jacket potato with beans, cheese, or tuna (please circle)		5 Jacket potato with beans, cheese, or tuna (please circle)		Jacket potato with beans, cheese, or tuna (please circle)		Jacket potato with beans, cheese, or tuna (please circle)		Jacket potato with beans, cheese, or tuna (please circle)	
Panini Option	Cheese panini		Tuna panini		Cheese panini		Tuna panini		Cheese panini	
Accompaniments	Seasonal vegetables or salad bar and bread served daily to accompany every meal chosen									
Dessert OR	Chocolate cake and custard		Flapjack		Chocolate brownie		Cheesecake		Chocolate mousse	
Fresh Fruit or Yoghurt	Fresh fruit/yoghurt		Fresh fruit/yoghurt		Fresh fruit/yoghurt		PB Fresh fruit/yoghurt		5 Fresh fruit/yoghurt	
Any dietary requirements										

Please tick if you would like a paper copy of your completed menu sending home

Try something NEW today...
 Variety is key to a healthy diet.

MENU Mellors



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)