

Burton Salmon Primary Autumn/Winter 24/25 Term Menu **Week 2**
 – w/c 11th Nov, 2nd Dec, 6th & 27th Jan, 24th Feb and 17th March 2025

Child's Name					
	MEAT FREE Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Vegetarian Hot Dog with potato bites	Meatballs in pasta with a tomato sauce	Roast sausage, with Yorkshire pudding, roast potatoes & gravy	Chicken and tomato pasta bake	Crispy battered fish & chunky chips
Vegetarian Option		Vegetarian meatballs in pasta with sauce		Tomato and cheese pasta bake	Quorn nuggets with chunky chips
Jacket Potato	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)
Panini Option	Cheese panini	Cheese panini	Tuna panini	Tuna panini	Cheese panini
Accompaniments	5 A DAY Seasonal vegetables, salad bar and bread served daily to accompany every meal chosen				
Dessert OR	Chocolate sponge with chocolate sauce	Cheesecake	Ginger biscuit	5 A DAY Fruit crumble and custard	Chocolate flapjack
Fresh Fruit or Yoghurt 5 A DAY	Fresh fruit/yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt
Any dietary requirements					

Please tick if you would like a copy of your completed menu sending home.

Try something NEW today...
 Variety is key to a healthy diet.

MENU Mellars



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)