







The White Rose Federation Summer/Autumn Term Menu 2024 **Week 1**
 – w/c 8th & 29th Apr, 20th May, 17th Jun, 8th Jul, 2nd & 23rd Sept and 14th Oct

Child's Name	Monday		Tuesday	Wednesday	Thursday	Friday
Main Dish	 Cheese and Tomato Pasta Bake	All Day breakfast (omelette, sausage, beans, and mushrooms)		Cottage Pie with Yorkshire pudding, creamed potatoes, and gravy	Chicken and Summer Vegetable Risotto with jacket potato wedges	Fish fingers with chunky chips
Vegetarian Option		 Roast Vegetable Pasta	Vegetable Cottage Pie with Yorkshire pudding, creamed potatoes, and gravy	Vegetable Risotto with jacket potato wedges	 Veggie Fingers with chunky chips	
Jacket Potato	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)		Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)	Jacket potato with beans, cheese, or tuna (please circle)
Panini Option	Cheese panini	Cheese panini		Tuna panini	Tuna panini	Cheese panini
Accompaniments	Seasonal vegetables or salad bar and bread served daily to accompany every meal chosen					
Dessert OR	Madeira sponge cake and custard	 Lemon shortbread	 Jelly and fruit	Ginger cake	 Ice-cream and fruit	
Fresh Fruit or Yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt		Fresh fruit/yoghurt	Fresh fruit/yoghurt	Fresh fruit/yoghurt
Any dietary requirements						

Please tick if you would like a paper copy of your completed menu sending home

Try something **NEW** today...
 Variety is key to a healthy diet.

MENU 



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)