

Parenting Support



Time Out For Parents: Primary Years

A FREE 5 week course to help you support your child as they learn how the world works & find out how to manage their emotions. With evidence based information and a chance to share ideas with other parents, you will quickly learn you are not alone!

Wednesday Mornings

9.30 -11.30am (5 weeks) starting 13th September

@ Woodthorpe Primary School Children's Centre, York, YO24 2RU
(in partnership with SBAT)

To sign up click [here](#)

For information flyer click [here](#)

Or contact Jen for more details : jenwootten@fmy.org.uk; 07393 147259