

Summer | 2021

FREE

all about family

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**Making the leap
to high school**

BBQ Season

- Get the Kids Involved!

Keep fit over summer

**Crafts: Fun
Fishbowl**



Welcome

Well, another school year is over and I would just like to say a **BIG THANK YOU to all the staff at all the schools.** What a fantastic job you have all done in keeping the schools open for our children. At Christmas, although most activities were not allowed, you still made it special for the children. You are all stars. It has been appreciated, plus, I couldn't cope again with home schooling!! If I could give medals to everyone it still wouldn't show enough gratitude.

Hopefully the worst is over now and our children can get back to some kind of normality for the new school year. I'm sure we are all wanting to get back to normal as soon as possible but as a wise woman once said (my wife), "The speed limit is 70 mph on a motorway but do you still drive at that speed with ice on the road?".

Thank you too for reading our new magazines. Hopefully we have given some good, useable, information to parents, and if that information benefits one child's life, then job done. Please keep reading to your child over the summer holidays, it is so important for children to enjoy books, for lots of reasons. You never know who will become the next David Walliams!

I hope you all have a fantastic and safe summer and see you in September.

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Discover a great read for your child...

Book Hospital

Author: Leigh Hodgkinson
Publisher: Simon & Schuster

OUT NOW



.....
Reading age: 5+
.....

The best bit of being a book is hanging out with your friends and telling amazing stories, but sometimes a good book can end up in the wrong place at the wrong time, being scribbled on, nibbled or even losing pages.....and when that happens, it's time to go to Book Hospital! This funny, reassuring story is a celebration of books and the magic of reading. Because when you love your books and when you read your books, they will take you on a magical journey that you'll never forget.

The King's Birthday Suit

Author: Peter Bently
Illustrator: Claire Powell
Publisher: Bloomsbury Children's Books

OUT NOW



.....
Reading age: 5+
.....

When two fabric merchants promise to make an outfit of only the very BEST cloth, King Albert-Horatio-Otto the Third simply cannot resist. Surely, the unquestionably charitable and not-at-all-suspicious-looking tailors are genuine, and the King won't end up looking red-cheeked ... ? This funny and timely retelling of Hans Christian Andersen's classic fable 'The Emperor's New Clothes' will not only make children laugh, but also encourage them to think and speak up for what they believe.

Pizazz vs Perfecto (Book Three)

Author: Sophy Henn
Publisher: Simon & Schuster

OUT NOW



.....
Reading age: 9+
.....

HELLO! My name is Pizazz and I'm a superhero. Whilst that is awesome, it can also be E REEEAAALLLYYY annoying. Even though I'm saving the world ALL THE TIME, there are LOADS of bad guys about. Like super baddie PERFECTO! She's younger than me, and, PERFECTO! But I have a plan. Maybe I just need to be perfect too – even more perfect than Perfecto. Easy-peasy, right?!

The Nine Lives of Furry Purry BEANCAT

Author: Philip Ardagh
Illustrator: Rob Biddulph
Publisher: Simon & Schuster

OUT NOW



.....
Reading age: 9+
.....

Meet Furry Purry Beancat – one extraordinary cat with nine extraordinary lives! Just like every other cat, Furry Purry Beancat loves a catnap. But unlike other cats, when Beancat wakes she finds herself about to embark on a whole new adventure! Shhhh! Our furry (and purry!) heroine has woken up in a LIBRARY, and there's trouble afoot. There are plans to close it down, but with the help of two grumpy SPIDERS, can BEANCAT do what she does best and SAVE THE DAY?

I Spy Island

Author: Sue
Hendra & Paul
Linnet
Publisher:
Simon & Schuster



Reading age: 4+

In the middle of the ocean, miles from anywhere is a happy little island who loves to play I Spy... Join Island, and friends Glove, Banana, Bird and Bottle as they investigate the curious case of what's just washed up on Island's chin... What can it be? And what adventures lie in store? This terrific tale of fun, friendship and sunshine is brought to you by the brilliant brains behind such bestselling and beloved characters as Supertato, Barry the Fish with Fingers, Norman the Slug with the Silly Shell and No-Bot the Robot with No Bottom.

The Happy Workbook

Author: Amanda
Ashman-Wymps
Publisher:
Summersdale
Publishers Ltd



Reading age: 7+

We all feel sad sometimes, especially when things aren't going so great. It can also be because our minds are dwelling on sad thoughts and we have too many of them, which can feel very uncomfortable and stop us from being happy and having fun. The Happy Workbook is here to help by showing how to express feelings clearly and openly, and offers creative ways to focus on the good things in life and find some happiness in every day. This activity book will help you:

- Identify what makes you happy and sad with an emoji chart.
- Let go of sad thoughts by making a paper boat and watching it float away.
- Create your happy sanctuary in your bedroom.
- Immerse yourself in your very own happy memories book.

The Worries: Jaz and the New Baby #2 in the Series: The Worries

Author: Jion
Sheibani
Publisher:
Penquin



Reading age: 9+

The Truth Pixie meets Pixar's Inside Out in this hilarious, heartfelt and highly illustrated new series, perfect for helping children gently work through their worries and anxieties. Everyone feels worried sometimes. But what if your worries came to life and started following you around? Enter a host of furry, fretful friends to cause some serious mischief. That's right, it's the Worries - gloomy Loner, nervous Change, pushy Jealousy and DJ Disaster, always waiting for something to go wrong. Jaz tries her best to keep her worries to herself, but with her birthday party coming up fast, they seem set on turning her into the Worst Sister EVER!

A Monster Ate My Packed Lunch

Author:
Pamela Butchart
Illustrator:
Thomas Flintham
Publisher:
Nosy Crow



Reading age: 7+

Hilarious, illustrated school-based antics where everything that happens leads to DRAMA and RUNNING AROUND and even some FAINTING! Izzy and her friends are on a school trip to a big lake. Gary Petrie is excited because the lodges where they're staying have ROBES AND SLIPPERS! The lake is dark and deep and a bit scary. But it's when they open their packed lunches that they know! There's a MONSTER in the lake and it's coming for their CRISPS!





I know parents up and down the country have had a lot to deal with over these past 16 months. It's not been easy to say the least. The pandemic has made the pressure to 'multi-task' a norm in our lives. Parents have not only been caring for their children and working, but also taken on the role as part-time teacher. It's a lot to take on, but I know many of you have worked hard with your school to support your children's learning.

Children have been back full-time at school since March and while I recognise that large numbers of them have recently had to self-isolate because their classmate has tested positive for COVID, I'm glad to hear that from the 19 July, bubbles will come to an end. The pandemic has caused huge disruptions to children's education, extra-curricular activities and social interactions. So, this change is very much welcomed.

Another change, which parents will hopefully

find agreeable, is that all outstanding schools will once again be inspected. We have long called for the exemption for outstanding schools to be lifted as we know that many of them have not had a full inspection for a very long time. So, I am very pleased that from the autumn term - when we resume our full programme of graded inspections - all schools will be inspected routinely,

"The end of the school term is approaching and with almost all restrictions soon to be lifted, I hope you and your family will be able to get out and about and enjoy time together and make the most of the summer break."

including those with an outstanding grade. This change will reassure parents that a school's inspection grade is based on the latest information and ensure that the outstanding judgement itself remains a true beacon of excellence.

As I write this column, the England football team has just lost in their first European Championship final and their first major final in 55 years. It was an exhilarating match with the usual highs and lows that come with supporting our country in any sport, but somehow football feels a

bit different. On the bright side, the team provided a much needed lift for us all in what has been a very difficult year for the world. It's been great to see children across the country donning their football shirts, emulating their favourite football players and getting active by playing 'the beautiful game'. Thank you for the ride you Three Lions!

The end of the school term is approaching and with almost all restrictions soon to be lifted, I hope you and your family will be able to get out and about and enjoy time together and make the most of the summer break.

This will be my last column I write as National Director of Education before I retire. I will have worked at Ofsted for 18 years and feel proud and fortunate to have been able to work for an organisation that, at its core, exists to improve the life chances of children. It's been an honour and a pleasure.

I will be handing the baton over to my colleague Chris Russell, who has been one of Ofsted's Regional Directors for a number of years. Chris will take up his new role from September.

I wish you and your children well and every happiness and success for your futures. ■

Snapchat

Parent / Carer Advice



What is Snapchat?

Snapchat is one of the image-based social media platforms which is incredibly popular with children. One of the key features of Snapchat is that, by default, messages sent through Snapchat disappear seconds after they are viewed by the recipient. The minimum age to use Snapchat is 13 but it is a popular and widely used platform among children younger than this.



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Safety Tips

- ! As with all Internet activity, talk to your child about how they use Snapchat, the importance of not 'oversharing', and any issues they have faced.
- ! The default privacy setting of 'My Friends' prevents children from sharing 'snaps' with users unknown to them. However, children may change this setting and make their posts public. Ensure your child is aware of the importance of maintaining strong privacy settings and check the settings your child has selected.
- ! In the settings options, ensure your child has Snapmap set to 'ghost mode'. This will ensure that nobody can see their current location.
- ! Ask your child if they know how to report or block a user who sends them anything that upsets them. This can be done by going to the friends list, selecting the person creating the issue and then selecting the gear icon.
- ! Remind your child that although Snapchat automatically deletes images once seen, somebody can copy the image and share it with others.

Reasons for concern

! **Abuse and bullying**
As messages disappear shortly after being read, Snapchat has become a popular tool for abuse such as online bullying as abusers feel they will not be held to account for messages posted once they are deleted. This is supported by the fact that if somebody takes a screenshot of a message posted on Snapchat then the person who posted it is informed that this has happened, making it more uncomfortable for people to take evidence of abuse they have suffered or witnessed.

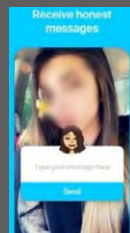
! **The Snap Map**
The Snap Map allows users to see the live location of their friends on a map. Cartoon-style avatars are used to represent people in a move that was clearly designed to be popular with younger users. This feature can result in children sharing their location (including effectively their home address) with individuals.



! **Addiction-inducing features**
Children are naturally more prone to addictive behaviour than adults. As such, the inclusion of features such as 'Snap Streaks' (where two users share pictures with each other on consecutive days) encourages addictive behaviour. Snapchat rewards longer streaks with special emojis. This can result in children increasing their daily usage of the app.



! **Risk of secondary apps**
Snapchat allows users to link to secondary apps that can be used inside Snapchat. A recent concerning example is YOLO which allows users to offer people the opportunity to anonymously ask them questions. Such apps have led to online bullying and hate crime.



Saving lives through education



StayWise brings together a range of educational resources from the emergency services and voluntary safety organisations and provides trusted resources to help educate children on staying, while linked to age groups, themes and curriculum areas.

First launched in 2002, it was relaunched earlier this year and now provides a 'one stop shop' of safety focused organisations such as fire, police, health and maritime agencies.

Learning at a young age

about staying safe and what to do in an emergency saves lives. Learning these skills through fun and educational activities is essential and StayWise provides fabulous resources to support this.

Featuring bundles such as 'know our way out of fire safety' – showing what to do if you hear a smoke alarm including escape routes and how to keep your family safe; the 'birthday cake mistake' which provide a lesson on the safe use of matches and lighters; hazard cards encouraging children to think carefully about which objects are safe and which are not; 'ladders and snakes' board

game based on fire safety along with a range of other fun but educational activities .

Led by the National Fire Chiefs Council, the education resource has been brought right up to date and offers a wide range of activities.

This innovative platform was developed with the same aim - saving lives through education.

As well as sections for parents to use, it also has a teachers' area. This features lesson plans, theme-based collections, individual activity sheets, best practice guides, shared practice and much more. Once logged in, you can curate your own personalised library of resources from the extensive collection of learning tools.

While schools are taking a well-earned break for the summer, StayWise offer parents an excellent tool to make sure their youngsters are continuing to educate themselves and helping to keep them, their families and friend safe.

The resources are all grouped together to help reduce the stress of home learning. Simply scroll

StayWise





through the resources or use the filter box on the left to narrow your search quickly and easily.

As well as grouping by area, people can also search by age or subject or even by the type of resource you need. For example, you could select, Maths, for seven to eight-year olds, and work sheets, and let the system do the rest!

StayWise brings together the collective educational resources of the emergency services and key safety focussed charities. This to help to delivering essential safety messages.

It facilitates a more effective, consistent and curriculum linked way of imparting vital life skills to today's young people and preparing a safety conscious environment for the generations of tomorrow.

By using the tools on the site, we can strengthen relationships between communities and emergency services, while enhancing the health and safety of everyone.

It shows what can be achieved by combining the shared determination of the emergency services and safety focussed organisations, working towards reducing avoidable injuries and deaths within our communities.

The organisations involved



have worked together to provide these resources and are committed to the continued development of encouraging positive behaviour change in younger people of today, while preparing safer generations for years to come.

Led by the National Fire Chiefs Council, in partnership with Underwriters Laboratories, other partners include: The Royal Life Saving



Society UK (RLSS UK), RLNI, the Association of Ambulance Chief Executives (AACE), HM Coastguard, NPCC. Injury Minimisation Programme for Schools (I.M.P.S) ■

Visit the website to find out more:
<https://staywise.co.uk/>



What to do if a child discloses

for so many reasons. They didn't feel they would be believed, that in some way they deserved this or invited it. Let us be clear; child abuse or neglect is never the child's fault.

As adults we all have a part to play, looking out for children wherever we are - as we go about our working lives or for those in our local neighbourhood, for example. Record numbers of people, concerned for a child, have been calling the NSPCC's helpline during the pandemic, with children both more vulnerable and out of sight of people who can keep them safe.

But as adults the thought of a child disclosing abuse to us, or reporting concerns we may have for a child, can be daunting. That feeling of not wanting to get it wrong or make it worse can be scary but it is crucial that whatever we do, we don't dismiss them, and instead listen. Whilst it can be distressing to hear that a child is being abused, it is important to remain calm and listen. They might be worried about the consequences, they may have suffered threats of violence from their abuser if they tell anyone. All too often the abuser is



Child abuse or neglect, in any form, can devastate childhoods and its impact can last well into adulthood if the

relevant support is not received. Sadly, our trained helpline counsellors hear testimony from adults who have not felt able to disclose childhood abuse for so long,

What are the signs that a child may be being abused or neglected?

Some common signs that there may be something concerning happening in a child's life include:

- Unexplained changes in behaviour or personality including becoming withdrawn or anxious or uncharacteristically aggressive
- Hearing aggressive or repeated shouting, things being broken and children crying for long periods of time
- Very young children left alone or are outdoors by themselves
- Children looking dirty or not changing their clothes

These signs don't necessarily mean that a child is being abused, there could be other things happening in their life which are affecting their behaviour – but we can help you to assess the situation by contacting the helpline.



"Record numbers of people, concerned for a child, have been calling the NSPCC's helpline during the pandemic...."

someone known to them, or someone they love and they may not want to get them into trouble. A lot of children who disclose abuse say they worry about nobody believing them. They might've told someone before and nothing was done to help them. So, it is imperative that we listen, and listen carefully.

It is important too not to offer our own views and feelings, let them lead the conversation. If we appear too shocked, it could make them stop. Let them know they have done the right thing. Then it is important to explain to the child what will happen next, that it is necessary to report the abuse to someone who can help. Then we would recommend reporting the abuse as soon as possible

whilst the details are still fresh in your mind. If the child is in immediate danger please contact 999. Our NSPCC helpline is also available on 0808 800 5000. But never confront the alleged abuser, by doing so you could be putting yourself in danger and even make the situation worse for the child. But above all, remember we all have a duty to look out for the welfare of children, so if you have any concerns at all, please do tell someone. ■



**Campaigns Manager
Mubashar Khaliq**

Making the leap

The transition from primary school to secondary school is a major step in your child's life. Although many children will feel accustomed to the change within the first couple of weeks, the new school transition can be extremely daunting. Even the most confident of children sometimes can feel overwhelmed when starting secondary school and it's normal for the whole family to feel slightly apprehensive when adjusting to the new routine.

What is so different about secondary school?

- Larger school environment
- No personal desks/ storage space
- Subject specific teachers
- Independent travel
- A greater volume and expectation of work and homework
- Need for greater organisational skills and timekeeping

What are the main transitional difficulties that children face?

- Finding their way around a new, larger environment
- Meeting new children



- Meeting new teachers
- Becoming accustomed to a personal timetable
- Moving from class-to-class
- Keeping belongings on their person throughout the day
- Independently organising work and homework
- Less supervision from teaching staff at break and lunchtimes
- Coping with new, more challenging topics and subjects

Our top tips

- Recognise that your child will be anxious and allow them to openly communicate their worries, fears and thoughts with you and other close relatives. Try to help them relax and reassure them that they will become accustomed to their new environment. It is important to not dismiss any worries your child may have – it is important that you listen to their worries

and think about what you can do to help emotionally support them.

- It is important to establish a sincere and open relationship with your child's new school. Be honest about your child's needs/requirements and inform the secondary school's SENCO or your child's current primary school if you have any concerns. If you consider your child to be vulnerable, ensure that you have frequent contact with a key member of staff at the secondary school who you can work closely with you to help aid your child.
- Make sure to attend parent induction evenings – it will help you and your child's new teachers get to know one another.
- Make sure that you are familiar with the school's prospectus and policies (including attendance).
- Help your child take responsibility for their belongings and encourage them to use a locker.
- Help your child practice getting to school. Ensure that they are familiarised with walking/cycling/bus routes and reach school

within plenty of time. Also, do not forget to apply for a bus pass if needed.

- Encourage and support your child's independence and free thinking – listen to their opinions and freely engage in conversation with them. Not only will they reinforce and share their thoughts about what they are learning in secondary school, it will also help them to develop social skills and help to encourage a strong sense of self.

- If your child finds any of the homework assigned difficult, make sure that they get in touch with their subject teacher as soon as possible.

- Make sure that all possessions have a name on them – this means that if something gets lost, it can be returned straight back to your child.

- If your child is going to be absent, you must ring the school on the first day. When your child comes back to school, they must bring a note'

CHECKLIST

- School uniform; Shirts/ Polo shirts, trousers, shorts/skirts, jumpers, ties, blazer, fleece
- Coat
- Hat, scarves and gloves
- Socks
- Comfortable shoes
- PE Kit; t-shirt, shorts, trainers, socks and gym bag
- Rucksack/large bag
- Lunchbox and bottle
- Wash-proof fabric markers
- School Supplies
- Plain paper
- Notebooks
- Pencil case
- Pens
- Pencil set
- Colouring pencils
- Colouring pens
- Ruler
- Rubber
- Pencil Sharpener
- Handwriting Pen
- Scientific Calculator
- Basic maths set
- Exercise books
- Paper clips
- Highlighters
- Post-it Notes
- Diary
- Ring binder
- Plastic wallets
- USB stick
- Dictionary
- Thesaurus



Building Better Relationships



Our new **Building Better Relationships** service is there to support people struggling with relationships – whether with their children/teens, a co-parent or family groups in conflict.

TalkFirst has received

funding from the Lottery Community Fund to support parents in Wigan. We've got off to a flying start, already supporting a number of parents. Families are different so we offer support to each family in a slightly different way.

Parents can access support

"amilies have engaged with Building Better Relationships because they wanted to be able to manage their children's behaviour better, have fewer arguments and a more peaceful family life."

with relationships and parenting, through mediation, or targeted conversations

where we are able to talk at length about the issues. We are also recruiting volunteers to be parent mentors to provide practical and emotional support.

Families have engaged with Building Better Relationships because they wanted to be able to manage their children's behaviour better, have fewer arguments and a more peaceful family life.

Linda was struggling with her teenage son. We looked at things such as Linda's feelings about parenting and how she is able to read her sons emotions. This has made a difference. She describes being less anxious and is more confident in her ability to parent. So much so, she is training to be a volunteer to help other parents.

Kevin and Emma are separated parents. They had fallen into bad patterns of communicating through their 8 year old son; school noticed it was upsetting him and raised concerns. Both parents recognised that they needed to manage co-parenting better, so agreed to mediation.

The feedback from Kevin was that it was really useful being able to say the things to Emma that have been building up. Emma



said it was useful to hear some of the worries Kevin had about contact being stopped - which led to bad communication.

For some in Wigan, Building Better Relationships is FREE, for others, we offer discounted charge of £10 per

session. We are delighted to extend our discounted fee to anyone reading All About Family. If you would like to talk about how we might be able to help – please **call Dave on 01942 243620. Volunteer opportunities are also available.** ■

Give Your Kids A Tech-Break

A leading child psychologist and development expert, Dr. Amanda Gummer, warns parents there are consequences of children becoming too reliant on devices, to the detriment of their health, development and future academic performance.

She is urging parents to bring in regular family digital detoxes to help children learn, play and socialise offline. Because children often resist their devices being taken away, she also explains how a dad and tech

entrepreneur's new invention, Tech-Break, can help parents enforce screen-free time.

World Health Organization (WHO) guidelines recommend that children aged three to four have less than one hour screen time



a day. Despite this, a survey conducted by OFCOM in 2019 revealed that over half of three to four year-olds spent over eight hours a week on Youtube alone.

"The younger the child the more negative impact excessive screen use can have," says Dr. Gummer, who developed the Balanced Play Diet, "this is mainly because it prevents important skill development, including social skills and emotional attachment. Children's social development at the point of starting school correlates with future GCSE



"...Children's social development at the point of starting school correlates with future GCSE and A-Level grades, so it's important to make sure social development is prioritised in the early years."

and A-Level grades, so it's important to make sure social development is prioritised in the early years."

Experts believe parents need to set an example of healthy tech use so children understand the importance of screen-free time.

"Parents are their children's version of normal so whatever they do, the children think is normal and even desirable behaviour, so they are likely to copy it," says digital habits researcher and King's College London academic Dr. Rachael Kent, "yet many adults increasingly lack the ability to switch off

when so many life domains are managed via our digital devices."

The addictive nature of social media and video games also explains why children often resist parents' attempts to enforce time offline — this is where solutions like Tech-Break come in.

Bill Stirling invented Tech-Break after recognising his family were increasingly spending more time on their devices. Families decide a length of time to go 'screen-free' for (between one and 24 hours), place all their devices inside Tech-Break, set the timer and lock the door.

Their devices will be released when the time runs out.

"My wife and I tried to enforce screen free periods without success," says Mr. Stirling, "the kids responded as though they were being punished when I tried to take their devices away for a couple of hours and rightly questioned why my wife and I were still checking our phones. I realised the need for an external enforcer that ensures we all stick to our agreed tech breaks." ■



Keep Fit Over Summer

It's no wonder that many children find the return to school after summer physically demanding. Research by UK Active has found that, on average, British school children lose 80 per cent of the fitness they build up during term time through "lazy" time off.

The summer holiday is a long stretch of time away from school and with many children only exercising during school time, it is essential that children keep their bodies and minds active during the break. ■

Our keep-fit tips

- Get the kids involved in a summer holiday camp/club. Enquire with your child's school and see if they are running any sport programmes over the break.
- Get the whole family involved in activities such as walks, bike rides and outdoor games.
- Create a summer-holiday schedule and allocate at least 20 minutes a day to physical activity. Make it a habit!
- Visit an activity or outdoor adventure park – they're all the rage and disguise exercise as a fun activity.
- Ensure that your children get a decent amount of sleep every night. Sleep is key for mental/physical wellbeing and promoting motivation.
- Plan active days out such as a trip to the beach, a walk in the park or exploring a local heritage site.
- Keep track of what your children are eating. It can be really easy over the summer holidays for children to eat more often than they would when they are at school.
- Limit screen time to a certain amount of time per day. Without certain limits and structure, it can be easy for children to spend hours in front of a screen.

Instagram

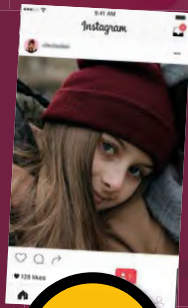
Parent / Carer Advice



What is Instagram?

Instagram is a social media platform which focuses on the creation and sharing of images, providing users with a range of filters and special effects popular among younger users.

Despite requiring users to be 13 or older, a study in January 2017 indicated that 43% of 8-11 year olds in Britain are using Instagram.




Safety Tips

As with all Internet activity, talk to your child about how they use Instagram, the importance of not 'oversharing', and any issues they have faced.

It is safest to change the default privacy settings in your child's account from public to private. If your child is older and you agree for them to have a public account, you should discuss strategies for coping with negative feedback and for blocking users. You should also monitor messages they receive.

Given Instagram's reported impact on young people's mental health, keep an eye out for early warning signs of such issues with your child. Seek professional support or consult online services

 such as Shout at the earliest point of concern.

Regularly spring-clean your child's Instagram account with them by removing any posts and images you agree are inappropriate and blocking any concerning contacts. If you have any concerns that somebody might be trying to groom your



child you should immediately contact CEOP.

Reasons for concern

Privacy settings
A key concern regarding children's use of Instagram is the fact that the default privacy setting for accounts is 'public'. As such, unless a child actively alters their privacy settings, all of the pictures they post to Instagram will be available to anybody. This could result in their images being seen by inappropriate individuals and might lead to receiving unwanted communication.

Follower lists
In a world where celebrity success is measured by numbers of social media followers, it is understandable that children might want to grow their own list of followers. A child's non-private account can quickly grow with followers, some of whom might not have entirely innocent motives.

Terms and conditions
Instagram's 5,000-word terms and conditions states that users agree that Instagram can use and sell their sell images for others to use (without paying or further consent). Instagram also retains the right to store, use and share the personal information and direct messages of their users.

Grooming
In 2019 the NSPCC reported that Instagram was involved in more online grooming cases than any other online platform. Where the police recorded the method of communication, Instagram was used in 32% of cases, in contrast to Facebook at 23% and Snapchat at 14%.

Mental health issues
A report by the Royal Society for Public Health found that Instagram rated as the worst social media platform when it comes to its impact on young people's mental health. Being image-centred the RSPH claimed that Instagram (along with Snapchat) appears to be driving feelings of inadequacy and anxiety in young people.



– Get the Kids Involved!

Barbeques conjure up curiosity in children and can be a great way to expand their culinary interests.

A quintessential summer event, kids are much more likely to try new things when they are associated with the novelty of being a seasonal family occasion. Involving children in the preparation, cooking and serving of food may encourage them to take a bite of something they may usually turn their noses up at.

Younger children can help to form burgers, mix ingredients together and season meats.

Older children can prepare and chop vegetables, help to watch over food on the grill and help to light it (with supervision).

BBQ Safety

Before you allow children anywhere near the grill, ensure that they are aware of how to act around it. A parent or responsible adult should man the grill at all times and children should not be left unattended near the grill. Remember to have a fire extinguisher to hand. ○



- 1)** Prepare a selection of bell peppers, onions, tomatoes and courgettes and chop into bite size pieces.
- 2)** Allow your child to layer them onto wood skewers so they form kebabs.
- 3)** Place on the grill and turn every so often for around 5-6 minutes (or until all veggies are tender). Allow your child to turn the skewers but ensure you are always observing them.
- 4)** Serve up and enjoy!

HOMEMADE BURGERS

INGREDIENTS

- 250g beef mince (20% fat)
- 250g pork mince
- 1 tsp Dijon mustard
- 1 onion, grated
- 2 tsp garlic powder
- 1 tsp Worcester sauce
- Salt and pepper
- One egg, beaten

- 1)** In a bowl, get your child to mix all ingredients together with their hands and shape form into patties
- 2)** Let patties rest in fridge for an hour
- 3)** Drizzle patties with olive oil and transfer onto bbq grill
- 4)** Cook for 10 to 12 minutes, or until cooked through, turning every so often
- 5)** Serve your burgers in toasted buns with all your favourite toppings!



OrKid



Style meets Soft Play

Bring soft play home and open up a whole new world of physical and imaginative play

www.orkidplay.com



Tel: +44 7845 815059
Email: info@orkidplay.co.uk
Made in the UK



Climbing - Obstacle Course
Den Building - Role Play
Chair - Sofa - Bed

London

Times and events
may vary, please
check with venue
for confirmation



CHESS FEST

Trafalgar Square
on Sunday 18th July

Building on the chess renaissance which follows the success of netflix series queens gambit, the event includes an action-packed schedule of events and activities to inspire kids and adults to get on board and get involved with the great game!

Programme

- 100s of chess tables - for children and chess fans to play each other.
- 'The World Giant Chess Championship' - 6 giant chess boards for people to play on
- Human chess - a game based around alice through the looking glass performed by professional actors.
- Challenge a grandmaster at speed chess
- Free chess lessons for children and adults - from professional chess teachers and top uk players.
- Blind fold chess exhibition
- Giant screens broadcasting games simultaneously across the uk and world - from liverpool to st petersburg, russia.

www.englishchess.org.uk

'SHIPWRIGHT' - A NEW OUTDOOR THEATRE ON THE BANKS OF THE THAMES IN DEPTFORD

The Master Shipwright's House,
Watergate Street,
Deptford SE8 3JF

Shipwright is a new riverside outdoor theatre hidden away in the historic grounds of the Master Shipwright's House on the banks of the Thames in Deptford. Audiences will be welcomed to the atmospheric house and gardens this summer for a festival of theatre, music and cabaret

Highlights include: the UK performance premiere of Maggie Nelson's 'The Argonauts', new plays 'Dig' by Chris New and 'I...' by Asa Haynes. Cabaret from Diane Chorley's 'Down The Flick', Baby Lame's 'Riot!' And The Nightbus presents 'Drag Queen Story Time.' Music from Tim Mead and Sergio Bucheli, Shunaji, Maxwell Quartet, Lucy Crowe, Messiean's 'Quartet For The End Of Time', Rosie Lowe, Rory Butler And Christy

• Tickets from £10 are on sale now and an 'open door' initiative will offer free tickets to the local community
www.theshipwright.co.uk

LAND OF THE LIONS AT ZSL LONDON ZOO

Until 31 December 2023

Gaze at some of the world's most incredible creatures at the permanent land of the lions exhibit in zsl london zoo. Marvel at a pride of endangered asiatic lions through the special

ZSL LONDON ZOO

windowless view of the big cat's enclosure, as you enter through a crumbling ruin, the lion's temple, designed to transport you back to the big cat's homes in sasan gir, india.

Explore the replica sasan gir train station and discover a troop of lively hanuman langur monkeys.

Experience a true thrill ride with live-action adventure as visitors help rangers deal with a "lion emergency" in the gir forest, and take part in a mock chase on a pedal bike with an asiatic lion.

www.zsl.org/zsl-london-zoo

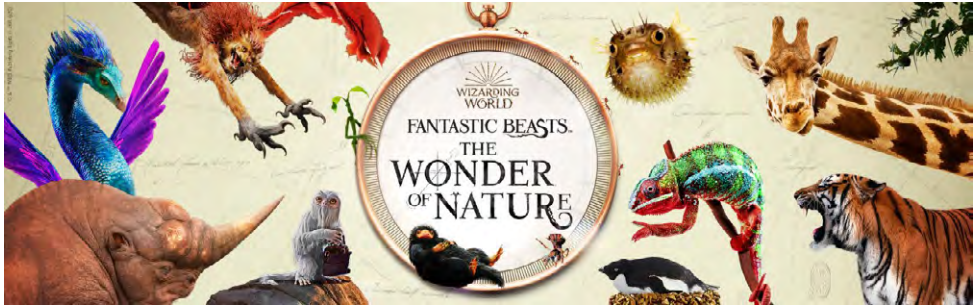


FROZEN AT THE THEATRE ROYAL DRURY LANE

From 27 August 2021 to
03 April 2022

Fall under the spell of Frozen at the Theatre Royal Drury Lane in Covent Garden.

This stage version of the hugely successful animated disney film features unforgettable songs from the movie, including let it go and do you wanna build



a snowman?. As well as some catchy new numbers. Expect spectacular staging, amazing special effects and beautiful costumes as the magical world of frozen comes to the west end. Set in the kingdom of arendelle, the story follows the fortunes of sisters anna and elsa whose bond is tested when elsa’s secret magical powers accidentally plunge the kingdom into endless winter. Go on an adventure with all your film favourites, including kristoff, sven and olaf the snowman. Frozen comes to london in summer 2021.

www.lwtheatres.co.uk



SHERLOCK: THE OFFICIAL OUTDOOR GAME

Are you ready to accept a mission fit for one of the greatest detectives of all time? Gather your friends or family together and try to solve clues in immersive experience

Sherlock: the official outdoor game, at two London locations.

What is Sherlock: the official outdoor game?

Based on the hit BBC television series, Sherlock, this detective challenge takes you around some of the key sets and filming locations from the show, all while giving you a chance to become a super sleuth yourself. Look for clues, attempt to unravel puzzles and take photos, as you wander around the area in a quest to complete the unsolved mystery.

Where is Sherlock: the official game?

Take your pick from a Central London location starting at 221B Baker Street, or a West London location starting outside Notting Hill underground station. **Full details will be provided once you have booked.**

The experience involves walking around the chosen area, and does not involve using public transport.

How does it work?

Access to the game is via QR codes and the game’s app, which lead you to specific spots where you can solve important clues on your way to completing the mission. You are helped along the way with animated videos,

voicemails and text messages, including contributions from cast members of the hit series such as benedict cumberbatch, mark gattis and andrew scott.

How long does the game last?

The game lasts around 90 minutes.

What age is the game suitable for?

The experience is suitable for those aged seven and above.

www.visitlondon.com

NATURAL HISTORY MUSEUM: FANTASTIC BEASTS™: THE WONDER OF NATURE

Cromwell Road, South Kensington, London SW7 5BD Discover where the real world and the wizarding world intertwine, and how the wonders of the natural world have inspired myths, legends and magical creatures for generations.

Embark on a journey where not all is as it seems, where magical beasts and fantastic animals share abilities and behaviours that allow them to dazzle, attract and escape.

Celebrate real-world scientists who, like the character newt scamander™, help us to understand our planet’s extraordinary creatures so we can protect them for the future.

www.nhm.ac.uk

South East

THE OBSERVATORY SCIENCE CENTRE

Wealden
Herstmonceux, Hailsham,
East Sussex BN27 1RN
The Observatory Science Centre
is one of the leading "hands-
on" science centres with over
100 exhibits. Explore science
on a grand scale at the outside
Discovery Park. Set amid beautiful
countryside, the green domes
provide an exciting environment
with plenty of picnic space and
wheelchair access.

www.the-observatory.org

THE MARY ROSE MUSEUM

Portsmouth
The Mary Rose, Main Road,
HM Naval Base, Portsmouth,
Hampshire PO1 3PY
Explore the remains of Henry
VIII's favourite ship, recovered
from the seabed in one of the
most challenging archaeological
excavations of all time. The Mary
Rose recreates life on-board a
16th century warship with an
authenticity no other attraction
can provide. Nowhere else
can the lives of the men who
worked and lived on board a
Tudor warship be more truly
experienced.

www.maryrose.org

KNOCKHATCH ADVENTURE PARK

Hailsham Bypass, Hailsham,
East Sussex BN27 3PR
**Closed on 24th - 26th December
and 1st January**
Knockhatch Adventure Park,
Hailsham, features a Petting Farm,
Owl Sanctuary Centre, Meerkat
Experiences, Dragon's Castle,

Wallaby Walk Through, Wave
Rider, Froggies Soft Play, The
Lost World Play Barn, Froggie's
Soft Play, The Cannon Arena,
Chestnut Wood Adventure Play,
Pirates Cove, Boating Lake, Picnic
Areas and more. Book now!

www.knockhatch.com

PIRATE WEEKEND SPECIAL EVENT: THE CURSE OF THE DROWNED PIRATE

Hastings Aquarium,
Rock-A-Nore Road, Hastings,
East Sussex TN34 3DW
Come and hear the amazing
story of Barnacle Bob, ghost
pirate and seasoned rapsallion
of the high seas. There'll be an
adventure trail, live parrots and
lots more...

[www.blueerefaquarium.co.uk/
hastings](http://www.blueerefaquarium.co.uk/hastings)

BATTLE FESTIVAL



24 July - 8 August 2021

Throughout Battle, Battle,
Battle, England, TN33 0AG
In 2021 The Festival will offer an
open-air Proms Night, Opera,
Shakespeare, Piano Concerts,
Jazz, Theatre and much, much
more. This is a must for visitors
and residents alike.

Information and tickets from
www.battlefestival.co.uk

FISHERS ADVENTURE FARM PARK

Newpound Lane, Wisborough
Green, Billingshurst,
West Sussex, RH14 0EG
The multi-award winning

Fishers Adventure Farm Park is
the much-loved family day out
in the heart of the lovely West
Sussex countryside. Fishers
offers a unique mixture of animal
adventures, exhilarating indoor
and outdoor play the whole
family can experience – it's no
wonder that Fishers is still "Where
the Family Comes First".

www.fishersfarmpark.co.uk



LEEDS CASTLE

Broomfield, Maidstone ME17 1PL
There are also plenty of
attractions to keep the kids and
everyone else entertained for an
entire day. There's castle-themed
playgrounds, falconry displays, a
maze and underground grotto,
and a whole host of different
events and activities throughout
the year.

www.leeds-castle.com

Bekonscot Model Village & Railway

BEKONSOT MODEL VILLAGE & RAILWAY

Warwick Road, Beaconsfield,
Buckinghamshire HP9 2PL
Bekonscot delights visitors of all
ages. It is a miniature wonderland
with a large Gauge 1 railway,
where nobody grows up. Sit-on
railway*, remote controlled
boats* and kiddie rides*, Tea
Room and Gift Shop. *small extra
charge applies.

At Bekonscot all profits are
donated to charities.

www.bekonscot.co.uk

Never miss an event, no matter where you are in the UK
this Summer.. we've got you covered!

South West



ALL ABOUT DOGS SHOW

31st July - 1st August

Newbury Showground, Priors Court, Hermitage, England, United Kingdom RG18 9QZ

Bring your dog for two days full of exciting arena displays, expert advice, shopping and lots of fun have-a-go activities including the popular Fun Dog Shows where you and your dog can win rosettes, K9 Aqua Sports, competitions and more...

www.allaboutdogsshow.co.uk

SUPER SUMMER AT HESTERCOMBE

Hestercombe Gardens, Cheddon Fitzpaine, Taunton, Somerset TA2 8LG

Make this summer's school holiday a Super Summer at Hestercombe with a heap of fantastically fun family events.

Activities include outdoor performances, birds of prey and bug hunts to creepy crawlies, crafts, garden trails and children's yoga! Music...and wildlife! Birds of prey, Yoga and garden trails.

www.hestercombe.com

ARCHERY

Model boats...and step back in time. Two play areas to enjoy! Food & drink, Trails

PITTVILLE PARK

Prestbury, Cheltenham GL50 4SH
Join us in Pittville Park, Cheltenham for our first ever animal scavenger hunt!

Calling all little adventurers! The Naturewatch Foundation team warmly invites families to join them this summer for their animal scavenger hunt in Pittville Park, Cheltenham from the **6th - 7th August between 10:30am - 3pm.**



THE SUMMER READING CHALLENGE IS BACK THIS YEAR AT EXETER LIBRARY

Exeter Library, Castle Street, Exeter, Devon EX4 3PQ

Calling kids aged 4 - 11! Join the Wild World Heroes for the Summer Reading Challenge. Sign up for FREE at your local library across Devon and Torbay to join in, and access physical books as well as the extensive digital library of eBooks, audiobooks, eMagazines and eNewspapers.

HESTERCOMBE HOUSE & GARDENS

Hestercombe Gardens, Cheddon Fitzpaine, Taunton, Somerset TA2 8LG

Visit Hestercombe at any time between now and the 31st October to take part in this arty trail, where young artists will colour in a masterpiece of their own. When their masterpiece is complete, they will graduate as a Master Artist and even have a certificate to prove it!

www.hestercombe.com



THE BOX FAMILY & FRIENDS: REYNOLDS AT PORT ELIOT

www.theboxplymouth.com

Tavistock Pl, Plymouth PL4 8AX
Family & Friends: Reynolds at Port Eliot is a new, free exhibition that draws on The Box's extensive collection of Sir Joshua Reynolds paintings – the UK's single largest public collection of his work outside of London. **On view from 24 July - 5 September.**



@family_allabout |



All About Family | www.allabout-family.co.uk |

25

North West

THE ATKINSON

THE ATKINSON

14th July

1:00pm - 2:00pm

The Story of RAF Woodvale
FREE

An online talk by Military Historian and ex Formby resident Aldon Ferguson RAF Woodvale opened in 1941. It was designated to provide fighter cover to protect Merseyside but was too late for the blitz. Still active, RAF Woodvale is currently home to three training units and a Royal Auxiliary Air Force unit.

www.theatkinson.co.uk



MARTIN MERE

21st July - 5th September

GIANT Summer Duck
Huntmmr Duck Hunt

HELP! WE have lost some of our ducks and we need your help to find them this summer holidays. 25 giant ducks have been hidden around our wetlands and we need you to find them all and identify their names in order to win a tasty treat.

Collect your trail card from the information desk, explore our grounds to find them all - who will be the top spotter in your family? It is 50p per trail to take part

www.wwt.org.uk/wetland-centres/martin-mere/

MARTIN MERE

30th August

Annual Duck Race

The only race that matters - the annual Bank Holiday rubber duck race! Colour in your rubber duck in our craft room and enter it

into the duck race on Monday 30th August! Bring your family along to the hotly-contested duck race. With a race at 12pm and 3pm and a £50 voucher for the winners up for grabs, who will emerge victorious?

www.wwt.org.uk/wetland-centres/martin-mere/

BLUECOAT

Now - 26th September

Bluecoat Platform

This new temporary public artwork is inspired by the shapes and structures that the children made in a workshop with the artists. Resembling a scaled-up model of their designs, this playful sculpture creates a physical platform to bring some of Bluecoat's artistic activities out of the building for you to enjoy this summer. Get involved with our programme of free events for families, including storytelling, music, comedy for kids and much more, designed with children of all ages in mind.

www.thebluecoat.org.uk

CHESTER RACECOURSE

1st August

11:30am

Family Funday

Chester Racecourse's famous Family Funday returns to the Roodee on 1 August to offer

your family unbeatable value for an unforgettable day out. Family Funday is the perfect opportunity to get your kids out of the house and in the fresh air. With our vast racecourse in use for the occasion, it's the perfect place for a picnic with the family and a chance for kids and adults of all ages to kick back and relax.

www.chester-races.com



ST HELENS THEATRE ROYAL

23rd August

Treasure Island

All aboard for the adventure to Treasure Island! Featuring swashbuckling pirates, magical mermaids and a cavalcade of comedy and laughter.

Alongside Britain's Got Talent's Cal Halbert, the incredible Pippa Smith and singing sensation Emma Deborah Ward you're guaranteed a great day out!

www.sthelenstheatreroyal.com

ST HELENS THEATRE ROYAL

30th August

WE LOVE LITTLE MIX

If you love Little Mix, you are going to just L.O.V.E this show! Featuring four fantastic singers and dancers who really capture the look, the sound, and all the dance moves of one of the UK's best loved Girl-Bands.

www.sthelenstheatreroyal.com

West Midlands

THE BIRMINGHAM MYSTERY TREASURE TRAIL

Snow Hill Train Station,
Birmingham, West Midlands
B3 2BJ

Explore Birmingham in a new way and have a safe outdoor adventure, solve the clues and find the answer to the mystery! Follow the 1.5-mile route through Birmingham on this self-guided themed Treasure Trail. Hunt for clues located on permanent features such as buildings and statues to solve the mysteries, and discover something new about where you live! The trail can be done at your own pace and should take around 2 hours to complete and is suitable for ages 6-106! Tel: 01872 263692 www.treasuretrails.co.uk



THINKTANK BIRMINGHAM SCIENCE MUSEUM

Millennium Point, Curzon Street,
Birmingham, West Midlands
B4 7XG

Thinking caps are what's called for at Thinktank, the award-winning museum with over 200 hands-on displays, from steam engines and talking robots to gurgling guts and even a chocolate wrapping machine! Tel: 0121 348 8000

LEGOLAND DISCOVERY CENTRE BIRMINGHAM

Arena Birmingham, Birmingham,
West Midlands B1 2AA



Love LEGO? Time to indulge your passion for your favourite colourful bricks at LEGOLAND® Discovery Centre Birmingham - the amazing LEGO attraction made for your 3 to 12-year-olds. It's entirely indoor-based, so you and your tots can enjoy LEGO time, no matter the weather! www.legolanddiscoverycentre.com/birmingham/



DUDLEY ZOO AND CASTLE

Castle Hill, Dudley, West Midlands
DY1 4QF

Learn about lions, Asiatic bears, chimpanzees and many others as you cover the full 40 acres of zoo, which is near 80 years old. In fact, almost 1,300 species call the 11th-century castle ruins home, which you can explore at your own pace. Medieval mad kids can imagine themselves climbing the ramparts, or even wielding a sword for battle. Tel: 01384 215313 www.dudleyzoo.org.uk

WEST MIDLAND SAFARI PARK

Spring Grove, Bewdley,
Worcestershire, DY12 1LF

Journey deep into the plains of Africa to count the stripes on a zebra, watch as white rhinos play or guess how many lazy lions are eyeing you up for their supper! www.wmsp.co.uk

PLANET ICE SOLIHULL

Blue Ice Plaza, Hobs Moat Road,
Solihull, West Midlands B92 8JN
Opens 11am to 4pm at weekends and during school holidays, offering 5 hours of skating fun for you and the family. There is a free Disco every Saturday and Sunday afternoon. The Family Friday sessions are perfect for families with young kids. If the kids fancy a cool party on the ice, a package is available for groups of 10 or more kids aged 6 years and older too. Awesome! www.planet-ice.co.uk



BOULDER CENTRAL INDOOR CLIMBING

Unit 4 Richmond Street South,
West Bromwich,
West Midlands, B70 0DG
The induction sessions will let you try out bouldering first hand with the aid of a qualified instructor. These are perfect for a one off activity. Also available is a roped section for kids' use with taster sessions and birthday parties. www.bouldercentral.co.uk

East Midlands

MIDLAND AIR MUSEUM

Coventry Airport, Baginton, Warwickshire CV3 4FR
Ideal for air heads of all ages, and even smaller kids who don't think they're interested will become fascinated by these handsome hunks of metal: they're just naturally impressive and intriguing! Those who do know their stuff however will enjoy a wealth of rich detail and full information posted about almost every piece in their extensive collection.

www.midlandairmuseum.co.uk

MIDLAND RAILWAY-BUTTERLEY

Butterley Station, Ripley, Derbyshire DE5 3QZ
A day out for the whole family with model and miniature railways, playground, picnic areas, cafes and a country park as well as heritage steam and diesel locomotives operating and a host of other attractions. Sometimes you can see special visitors, be it Thomas the Tank Engine, a vintage Steam or historic Diesel Loco.

www.midlandrailway-butterley.co.uk

NATIONAL SPACE CENTRE

Exploration Drive, Leicester LE4 5NS
Over the Summer Holidays our Discovery team will be hosting three ONLINE space club session for kids. If your child is aged 7-11, interested in science and looking for something to do over the school holiday period, book a session now. Sessions will be 60 minutes and include talks, craft ideas, downloadable

resources and engaging content to support home learning.

- 27 July: Biodiversity
- 10 August: Astronauts
- 24 August: Satellites and Earth Observations

Price per household (one login): £4

www.spacecentre.co.uk

WEST LODGE FARM PARK

westlodgeruralcentre.co.uk
Back Lane, Desborough, Kettering NN14 2SH

ADVENTURE AWAITS!

West Lodge Forest School Holiday Club is back!
What better way to get back to a bit of normality than in the great outdoors with climbing trees, building dens, finding insects, cooking up treats in the mud kitchen and going on the greatest adventures!
Sessions must be booked for a 3 day period. Sessions are Tuesday, Wednesday and Thursday. Children must be aged between 5 years and 11 years old.

RUTLAND FALCONRY & OWL CENTRE

Bushes, Exton Ln, Burley, Oakham LE15 7TA
See Owls, Hawks, Falcons & Big Cats* this weekend (in line with the latest Government Covid Guidelines) Drop in for a wander around the woods and say hello to our team. Falconry & Owl Centre Open 10am - 4pm Tues - Sun. Call today to book an Owl & Hawk Experience & the next Big Cat Day - 25th July: 11am or 1.30pm

£20 / person with limited numbers so pre-booking essential. Please visit or call Chris on 07778 152814

www.rutland-falconry.com



KNIGHT SCHOOL

Bosworth Battlefield Experience
Bosworth Battlefield Heritage Centre & Country Park, Leicestershire, Sutton Cheney, Nuneaton CV13 0AD
Don your armour, pull down your visor and come along to Knight School where young squires can learn to fight like a knight with Sir John of Bosworth. Tickets are £6.50
Pre Booking is Essential
Accompanying adults go free
Tel: 01455 290429

www.bosworthbattlefield.org.uk

TREKKING WITH LLAMAS

Catanger Farm, Wappenham Road, Weedon Lois, Towcester Northants NN12 8FN
Walking at a comfortable pace of around 2 miles an hour, you can't actually ride them but these lovely pack animals will willingly carry your rucksack whilst you enjoy the beautiful scenery. What better way to get away from it all than by leading a gentle llama along brideways, farm tracks and country lanes.

www.llamatrekking.co.uk

Never miss an event, no matter where you are in the UK
this Summer.. we've got you covered!

Yorkshire & Humberside



STUDFOLD FAIRY AND PIXIE ADVENTURE

26th July - 5th September

Studfold Adventure Trail, Lofthouse, Harrogate, North Yorkshire, HG3 5SG
Explore the 'Great Outdoors' and discover Studfold's Hidden secrets! The Adventure Trail will challenge and delight! - find clues, secret boxes, swap treasure and discover so many countryside experiences along the way. Look out for the Studfold Stones! Suitable for all primary and pre-school children and their parents and parents parents!



RSPB DIVING GANNET CRUISES

1st - 28th August

The Seabird Centre, Cliff Lane, Bempton, East Riding of Yorkshire YO15 1JF
On these exciting 3 hour sailings from Bridlington harbour, you'll see the remarkable spectacle of gannets diving for food at speeds of up to 60mph. Various dates throughout August.
www2.rspb.org.uk



DARING DETECTIVES: CSI SCHOOL

5th August
National Emergency Services Museum, Old Police/Fire Station, Sheffield, South Yorkshire, S3 8PT
Calling all crime-solvers and budding investigators! We are looking for the next daring detective and invite you to come and polish up your Victorian detective skills with our summer holiday activities. Our detectives-in-training will be able to try out a number of methods like blood-spatter and fingerprint analysis before going on to figure out what happened to our poor Victorian victim. Can you crack the case?



SUMMER HOLIDAYS: STORYTELLING, CRAFTS & GAMES

Throughout August
Scampston Walled Garden, Scampston, Malton, North Yorkshire, YO17 8NG
Come along to Scampston for a fun-packed morning of storytelling and games with our

resident Fairy Godmothers.
11.00am – 12.00pm Storytelling in the woodland
1.30pm – 2.30pm Craft sessions and games in the conservatory
No booking required. Simply turn up on the day and join in.
www.scampston.co.uk

SPURN NIGHT-TIME SAFARI-YORKSHIRE WILDLIFE TRUST

27th August at 7:30pm - 11:30pm
Spurn National Nature Reserve, Spurn Head, South of Kilnsea, East Yorkshire HU12 0UH
Hop on the Spurn Safari vehicle, as the sun goes down, for this special trip to discover the wildlife of Spurn after dark. We will be listening for bats and other nocturnal creatures. Don't forget to bring a torch!

YORK BALLOON FIESTA

27th - 30th August
York Racecourse, Knavesmire Road, York, North Yorkshire, YO23 1EX
This four-day festival includes a weekend of hot air balloons, children's entertainment, live music, tribute acts, food and drink, as well as a large funfair. The pinnacle of the festival will be a brand new firework, drone and laser show! www.yorkshireballoonfiesta.co.uk

OPEN AIR CINEMA

29th August
Carlton Towers, Carlton, Yorkshire, DN14 9LZ
www.carlontowers.co.uk
Aladdin: Gates Open: 12pm
Film Showing: 1pm
Top Gun: Gates Open: 6:30pm
Film Showing: 8pm

North East



FLYING SCOTSMAN AT LOCOMOTION

28th July – 17th August

Locomotion, Shildon DL4 2RE
Flying Scotsman goes on display at Locomotion for three weeks from Wednesday 28 July 2021. A general museum admission ticket is required for all Flying Scotsman activities.

www.locomotion.org.uk

OUTDOOR CINEMA

Old Eldon Square

www.getintonecastle.co.uk

Free family films for all this summer at Screen on the Green!

Monday 26th July

12pm Scoob!

6pm Godzilla Vs Kong (12a)

Tuesday 27th July

12pm My Little Pony: The Movie

6pm Jumanji: The Next Level (12a)

Wednesday 28th July

12pm Aladdin (2019)

6pm The Personal History Of David Copperfield

Thursday 29th July

12pm Willy Wonka and the Chocolate Factory (1971)

6pm West Side Story

Friday 30th July

12pm Abominable

6pm Star Wars: The Rise of Skywalker (12a)



Saturday 31st July

12pm Trolls: World Tour

3pm Yesterday (12a)

Sunday 1st August

12pm Tom and Jerry: The Movie

3pm Summerland (12a)

Monday 2nd August

12pm The Call of The Wild

6pm The Notebook (12a)

Tuesday 3rd August

12pm Cheaper By The Dozen

6pm Cheaper By The Dozen 2

Wednesday 4th August

12pm Dora and The Lost City Of Gold

6pm Radioactive (12a)

Thursday 5th August

12pm Daddy Day Care

6pm E.T.

Friday 6th August

12pm Sonic The Hedgehog

6pm Spider-Man: Far From Home (12a)

Saturday 7th August

12pm Onward

3pm Misbehaviour (12a)

Sunday 8th August

12pm Two By Two: Overboard

3pm Ocean's 8 (12a)

Monday 9th August

12pm Zootropolis

6pm You've Got Mail

Tuesday 10th August

12pm Spies In Disguise

6pm Ordinary Love (12a)

Wednesday 11th August

12pm Smurfs: The Lost Village

6pm Emma (2020)

Thursday 12th August

12pm Matilda

6pm Big (12a)

Friday 13th August

12pm Big Hero 6

6pm X-Men: Dark Phoenix (12a)

Saturday 14th August

12pm Witches (2021)

3pm Ride Like A Girl

Sunday 15th August

12pm Paddington 2

3pm Doctor Strange (12a)

MEET & MAKE BALTIC

Sundays from 25 July

Every Sunday 2pm -4pm

FREE Drop-in. Take part in free artist-led workshops this summer, perfect for families with children ages 5-12.

www.baltic.art

BAKING & COOKING

Beacon of Light, Stadium Park
Sunderland, SR5 1SN

Throughout the summer we'll be hosting: Mini Bakers - Join us in the kitchen with your little ones for some simple and tasty bakes. £6, price includes one adult, up to two children (3-6 Years)
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Fun Fishbowl

Follow these simple instructions to make a fun fishbowl using paper plates. You can make different coloured bowls with different types of fish and sea creatures to make your very own aquarium scene.

By Lauren and Aquilia

- What you'll need:**
- 2 paper plates
 - Coloured card
 - Blue paint/crayons
 - Scissors
 - Glitter Glue
 - PVA Glue
 - Pipe Cleaners



Step 1: Colour or paint your plates blue like the ocean, and using your scissors cut the middle out of one of the plates.



Step 2: Use gold glitter glue (or glitter and pva glue) to create a sandy beach.



Step 3: Make seaweed shapes using coloured pipe cleaners and stick them in the glitter glue.




Step 4: Cut different sized and shaped fish out of coloured card and stick them in your fishbowl. You can use more glitter to make bubbles.



Step 6: Glue the plate with the hole, on top of the base plate to create your finished fishbowl.

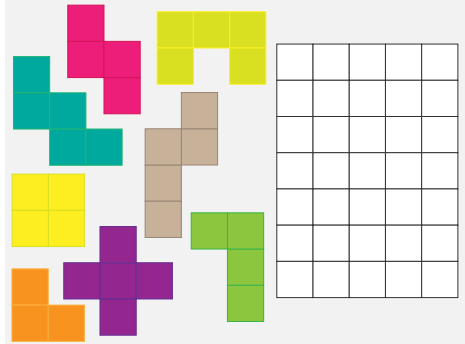


Step 5: Take the plate with the hole in the middle and apply PVA glue to the underside.

For more fun crafts follow Aquilia on  [@aquilaexplores](https://www.instagram.com/aquilaexplores)



Complete the square with the colour blocks



Colouring book



Answers



ANSWER:
1. ladybug 2. bee 3. (---) butterfly 3. (1) bird 4.
5. frog 6. mouse 7. snail 8. ant

**Thank You for
Reading**

**NEXT EDITION OUT
20th September 2021**



all about family